Battle of the Blades Hosted by the



August 25-27, 2017

The Battle of the Blades 2017 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program) must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES, REFUNDS AND FEES:

All entries must be completed on Entryeeze by July 25th of 2017. No refunds will be made unless the event is canceled due to lack of entries. \$90 for first event Pre-Free Skate and higher \$35 for each additional event \$50 for Basic Skills program event, Snowplow Sam – Basic 6 (full ice) \$25 for each additional Basic Skills event **PARTNERED EVENTS**

Pairs Events \$70.00 per person as first event Additional Events – Partnered \$35.00 per person as 2nd event

Any change to the entry form after the July 25th of 2017 deadline is subject to a \$25 change fee. Late entries will be accepted only at the discretion of the Chief Referee and FWISC and must be accompanied by a \$25 late fee. **By registering online the processing fee is not refundable for any reason at any time.**



For more information, please contact Alena Lunin <u>alunin@icesports.com</u> the schedule will be posted at <u>http://fortwayneiceskatingclub.org/</u> and also on Entryeeze. No admission will be charged to spectators.

FACILITIES: The competition will be held at SportOne/Parkview Icehouse 3 rink facility located at 3869 Ice Way, Fort Wayne, IN 46805 Phone (260)387-6614. The ice surfaces are 85'x 200' with slightly rounded corners, temperature 50-55 degree. Concession stand, pro-shop, 13 dressing rooms, full restaurant service and ample parking will be available during the competition.

MUSIC: The skater must provide their own music for all Basic Skills, Free Skate, Short Program and Showcase events. The official competition music must be turned in at the registration table at the time of check-in. All music must be on CD's only. Due to compatibility and reliability reasons no music may be submitted on re-recorded "CD-RW" discs. CDs should be clearly marked with the name of the skater, event entered and length of music (not skating time). A duplicate CD should be readily available rink side. Music may be picked up at the registration table following each event. FWISC shall not be responsible for CDs left at the conclusion of the competition. Rules governing music selection can be found in the U.S. Figure Skating rulebook, rules 4040.

LIABILITY: U.S. Figure Skating, FWISC and SportOne/Parkview Icehouse accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The International Judging System (IJS) will be used for the following events: - Well Balanced Program free skate events, juvenile – senior - Short program events, juvenile – senior - Spins events, juvenile - senior - Jumps events, juvenile - senior

All competitors skating in these events need to submit the planned program content form online. This form is found in the "Member's Only" section at <u>www.usfigureskating.org</u>. The deadline to submit the form is August 10th, 2017

The 6.0 Majority Judging System will be used for:

- Pre-preliminary pre-juvenile
- Introductory free skate events (beginner, high beginner, no-test)
- All Test Track events
- All additional specialty singles events not listed above (spins except noted above, jumps
- except noted above, compulsory moves, showcase etc.)
- Basic Skills Events

REGISTRATION: The registration desk will be located in the lobby of the SportOne/Parkview lochouse. The registration desk will be open one hour prior to the first practice ice each day and will close after the last event of the competition each day.

PRACTICE ICE: Competitors can pre-purchase practice ice before the competition for \$10 per session if arranged prior to July 25th or 2017 Sessions will be 20 minutes in length. Sessions can be purchased and selected online with Entryeeze. If any room is available, competitors can purchase additional ice at the competition for \$12 per session.

PHOTOGRAPHY/VIDEOGRAPHY: Ledin Photo and Video will record the competition. Other taping must be done from the spectator's stands. DVDs are included with your entry fees and will be ready shortly after the event ends. Please remember to pick up your DVDs before you leave the competition.

AWARDS: Medals will be given to the 1st, 2nd, 3rd places in all events. Ribbons will be given to 4th through 5th place for events through Pre-Juvenile events. Awards presentations will take place



immediately following the posting of the results for each event or as early as is possible. Skaters should report to the awards area promptly in competition attire and skates. All Basic Skills entrants will receive a medal.

OFFICIAL NOTICES: An official bulletin board will be maintained with information regarding schedules and important announcements in the arena lobby. Skaters should arrive at the facility a minimum of one hour before their scheduled skate time and should check in with the ice monitor twenty minutes prior to their event.

CRITIQUES: Individual critiques by one judge along with a technical specialist or controller will be offered to skaters and coaches after each IJS singles free skate event, Juvenile through Senior.

TEST SESSION: FWIESC plans to host a test session on Friday, August 25th, 2017 if time allows. Skaters who wish to test may find a test application on the website, <u>http://fortwayneiceskatingclub.org/</u> Test forms for this test session will be due on August 1st of 2017. Out of club applicants must include a "Permission to Test" letter from their home club. Mail test form to: SportOne/Parkview Icehouse Atten: Alena Lunin 3869 Ice Way, Fort Wayne, IN 46805

INFORMATION REGARDING COACHES: U.S. Figure Skating Rule MR 5.11 Coach Registration In order to be granted access to work within U.S. Figure Skating sanctioned activities, each

coach must complete the following requirements on an annual basis by July 1: A. Must be a current full member of U.S. Figure Skating - either through a member club or as an

individual member; B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: <u>http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf</u>

CONTACT INFO: If you have questions, please contact

Competition Chair: Alena Lunin Via email at <u>alunin@icesports.com</u> Phone (260)387-6614 ext.108



ADDITIONAL INFORMATION: all listed hotels within a walking distance or 5 min. drive the arena

TownePlace Marriott Suites (the same parking lot as ice arena) 3949 Ice Way, Fort Wayne, Indiana 46805 Phone: 260-483-1160 Rate: \$124+tax *Group rate cut off date July 29, 2017

Holliday Inn at IPFW and the Coliseum (approximately 1.5 mile from the rink) 4111 Paul Shaffer Drive, Fort Wayne, Indiana 46825 Phone: 260-482-3800 Rate: \$116+tax

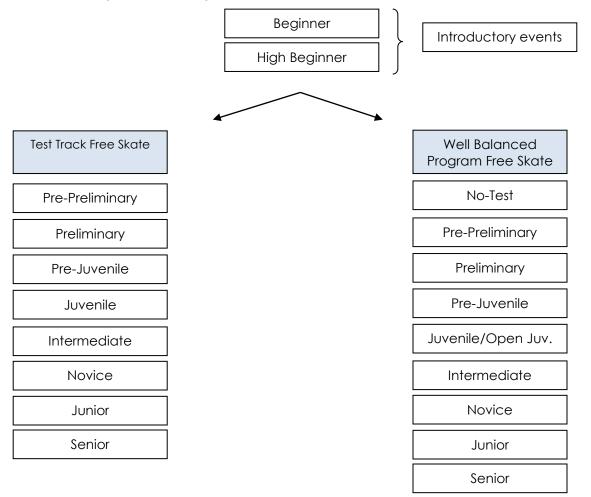
Fairfield Inn & Suites (less than a 1 miles from the rink)6021 Lima Road, Fort Wayne, Indiana 46818 Phone: 260-442-3041 Rate: \$101+tax

EVENTS OFFERRED

SINGLES FREE SKATING EVENTS

See current rulebook for current rules and requirements.

Illustration of Singles Free Skating Events:





EVENT: Introductory Levels Free Skate Program - Beginner, High Beginner and No Test Levels

General event parameters:

- 1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 3. Minimum number of spin revolutions is in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump. 	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:40 Maximum	 Max. 5 jump elements: Single jumps, with the exception of the single Axel, are allowed Maximum of 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted Jump sequences limited to a maximum of 3 single jumps (half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination) No single Axels, double jumps or triple jumps 	Max. 2 spins: • Spins may change feet and/or position • Spins may start with a fly • Minimum 3 revs. Spins must be of a different character (For definition see rule 4103E)	 Step sequence* Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the step sequence 	



EVENT: Test Track Free Skate

General event parameters:

- 4. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- 5. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 6. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 7. Minimum number of spin revolutions is in () following the spin description. Revolutions must be in position.8. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	 Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	Maximum of 2 spins: • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	 Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre- preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	 Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test



Juvenile 2:15 +/- 10 sec.	 Maximum of 5 jump elements: Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:30 +/- 10 sec.	 Maximum of 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	 Maximum of 7 jump elements for men and 6 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 3 spins, of a different nature: One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	One step sequence or spiral sequence fully utilizing ice surface (See rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	 Maximum of 8 jump elements for men and 7 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test



Senior Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	 Maximum of 8 jump elements for men and 7 for ladies: Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not 	 Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination 	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface.	Skaters must have passed at least the U.S. Figure Skating junior free skate test
	 permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)	(See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and	
			one spiral sequence. (See rule 4104 & 4105 for remarks.)	

EVENT: Well Balanced Program Free Skate

1. Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.

2. Skaters will skate to the music of their choice. Vocal music is permitted.

3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

4. Either IJS or the 6.0 judging system may be used for this event.

5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on <u>www.usfigureskating.org</u>, under "Technical Information," then "Singles/Pairs"

2016-17 Singles Short Program Elements for Intermediate through Senior

SINGLES SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

2016-17 Singles Free Skate Program Elements for No Test through Senior

EVENT: PAIRS FREE SKATING

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

2016-17 Pairs Short Program Elements for Intermediate through Senior

2016-17 Pairs Free Skate Elements for Pre-Juvenile through Senior

EVENT: ADULT FREE SKATING

Adult events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

2016-17 Adult Singles Elements



EVENT: <u>Compulsory Events</u>

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on $\frac{1}{2}$ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than their free skate program

Level	Time	Skating rules/standards
		1. Waltzjump
Beginner	1:15 max.	2. ½ jump of choice
		3. Forward two-foot or one-foot spin, minimum three revolutions
		(free leg position optional)
		4. Forward or backward spiral
		1. Toe loop jump
High	1:15 max.	2. Salchow jump
Beginner		3. Forward scratch spin - minimum three revolutions
		4. Forward or backward spiral
		1. Loop jump
No-Test	1:15 max.	2. Jump combination to include a toe loop (may not use a loop
		or Axel)
		3. Solo spin - sit or camel spin - minimum three revolutions
		4. Spiral sequence, must include a forward and backward spiral.
		Additional spirals and balance moves may be included.

Level	Time	Skating rules/standards	
Pre – Preliminary	1:15 max.	 Single toe loop Jump combination: single/single (no Axel) Sit spin or camel spin - minimum three revolutions Spiral sequence with one forward spiral and one backward spiral (any edge) 	
Preliminary	1:15 max.	 Single Lutz Jump combination: single/single (may include Axel) Back upright spin - minimum three revolutions Forward inside spiral 	
Pre – Juvenile	1:15 max.	 Single jump (may include Axel) Jump combination: single/single (may include Axel) Layback spin or camel spin - minimum three revolutions Step sequence - circular 	
Juvenile & Open Juv.	1:15 max.	 Single Axel Jump combination: single/single or double/single Layback spin or camel spin - minimum three revolutions Step sequence - circular 	



EVENT: Jumps Challenge

- 1. Each jump may be attempted twice; the best attempt will be counted.
- 2. Pre-juvenile and lower will be skated ½ ice; Juvenile senior will be skated on full ice
- 3. Jumps with an "*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards
		1. Waltz jump (from backward crossovers)
Beginner	1:15 max.	2. ½ flip or ½ Lutz
-		3. Single Salchow
		 Waltz jump (from backward crossovers)
High	1:15 max.	2. Single Salchow
Beginner		Jump combination – waltz jump-toe loop
		1. Single toe loop
No-Test	1:15 max.	2. Single loop
		 Jump combination – Any two ½ or single revolution jumps (no
		Axel)
		1. Single toe loop
Pre –	1:15 max.	2. Single flip
Preliminary		3. Jump combination - Any two $\frac{1}{2}$ or single revolution jumps (no
		Axel)
		5. Single flip
Preliminary	1:15 max.	6. Single Lutz
		7. Jump combination – Any single jump + single loop (may be Axel)
_		5. Single Axel
Pre –	1:15 max.	6. Single or double jump
Juvenile		7. Jump combination – single/single (no Axel)
	1.15	5. Single Axel
Juvenile &	1:15 max.	6. Double Salchow
Open Juv.		7. Jump combination – single/single or double/single (no Axel)
Laterary and state	1.15	1. Single Axel
Intermediate	1:15 max.	2. Double loop*
		3. Jump combination – double/single (no Axel)
Novice	1,15 may	 Double loop Double flip*
Novice	1:15 max.	 Double flip* Jump combination – double/double (may be double Axel)
Junior	1:15 max.	 Choice of double or triple jump Double or triple flip*
1011101	1.15 max.	 Jump combination – double/double (may be double Axel)
		1. Choice of double or triple jump
Senior	1:15 max.	 Choice of double of hiple jump Double or triple Lutz*
3011101	1.15 max.	 Jump combination – double/double or triple/double (may be
		double Axel)



EVENT: Spins Challenge

 Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
 All events are skated on ½ ice.

3. Minimum number of revolutions is noted in parentheses.

Level	Time	Skating rules / standards
		5. Upright one-foot spin (3)
Beginner	1:30 max.	6. Upright two-foot spin (3)
-		7. Sit spin (3)
		5. Upright one-foot spin (3)
High	1:30 max.	6. Upright two-foot spin (3)
Beginner		7. Sit spin (3)
		5. Upright one-foot spin (3)
No-Test	1:30 max.	6. Upright two-foot spin (3)
		7. Sit spin (3)
		4. Upright one-foot spin (3)
Pre –	1:30 max.	5. Upright two-foot spin (3)
Preliminary		6. Sit spin (3)
		8. Backward upright spin (3)
Preliminary	1:30 max.	9. Combination spin with no of foot (4)
		10. Sit spin (3)
		8. Camel spin (3)
Pre –	1:30 max.	9. Combination spin – camel to sit spin; no change of foot (6)
Juvenile		10. Forward to backward scratch spin (3 per foot)
		8. Sit spin (4)
Juvenile &	1:30 max.	9. Combination spin – change of foot; optional change of
Open Juv.		position (4 per foot)
		10. Girls – layback spin (4); Boys – camel spin (4)
		4. Flying camel spin (5)
Intermediate	1:30 max.	5. Sit spin to backward sit spin (4 per foot)
		6. Combination spin – change of foot & change of position (4
		per foot)
		4. Choice of camel, sit or layback spin (6)
Novice	1:30 max.	5. Camel spin to backward camel spin (4 per foot in position)
		6. Combination spin – change of foot & two changes of position
		(2 per position & 5 per foot)
		4. Flying sit spin or flying reverse sit spin (6)
Junior	1:30 max.	5. Ladies – layback spin (6); men – cross-foot spin (6)
		6. Combination spin – with change of foot & utilizing all three
		positions (2 per position & 5 per foot)
		4. Flying spin of choice (6)
Senior	1:30 max.	5. Solo spin of choice (6) – may not fly
		6. Combination spin – with change of foot & utilizing all three
		positions (2 per position & 5 per foot)



EVENT: <u>Showcase Events</u>

All showcase events will follow the National Showcase guidelines, which can be found at <u>www.usfsa.org/Programs.asp?id=308</u>. These events are offered, but do not qualify for the National Showcase competition. Props and scenery are permitted.

Dramatic, Light Entertainment Levels:

	Event	Must have passed(dance tests refer to solo or partnered standard track)	Must not have passed(dance tests refer to solo or partnered standard track)	Age	Time
	Basic Skills Note: these levels do not qualify for National Showcase	Elements only from Basic 1-6 curriculum	May not have passed any Higher than Basic 6 level	No Age restriction	1:00 max
	Beginner, High Beginner Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	No Test*, Pre-Preliminary* Note: this level does not qualify for National	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary, Pre-Juvenile	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
	Juvenile, Intermediate	Juvenile Free Skate	Intermediate Free Skate	13 and under	2:10 max
Singles	Teen Juvenile, Intermediate	Juvenile Free Skate	Intermediate Free Skate	14-17	2:10 max
- Singles	Novice	Novice Free Skate	Junior Free Skate		2:10 max
	Junior	Junior Free Skate	Senior Free Skate	No age restriction	2:40 max
	Senior	Senior Free Skate			2:40 max



Basic Skills elements: Snowplow Sam – Basic 6

Each skater will perform each element when directed by a judge. All skaters perform first element before moving on. • Skaters may compete at the highest level they have passed or "skate up" to one level higher. • To be skated on half ice. • No music • Elements must be skated in the order listed.

Level Time Skating rules / standards

Snowplow Sam 1-4 (Tots)	1:00 max.
	 March followed by a two-foot glide and dip
	 Forward two foot swizzles, 2–3 in a row
	 Forward snowplow stop
	 Backward wiggles 2–6 in a row
Basic 1	1:00 max.
	 Forward two-foot glide and dip
	 Forward two foot swizzles, 6–8 in a row
	 Beginning snowplow stop on two feet or one foot
	Backward wiggles 6–8 in a row
Basic 2	1:00 max.
	 Forward one-foot glide, either foot
	 Scooter pushes, R & L, 2–3 each foot
	 Moving snowplow stop
	 Two-foot turn in place, forward to backward
	 Backward two foot swizzles, 6–8 in a row
Basic 3	1:00 max.
	 Beginning forward stroking showing correct use of blade
	 Forward ½ swizzle pumps on a circle, either clockwise or
	counter clockwise, 4–6 consecutive
	 Forward slalom
	 Backward one-foot glide, either foot
	 Moving forward to backward two-foot turn on a circle
Basic 4	1:00 max.
	 Backward one-foot glides, R & L
	 Forward outside edge on a circle, clockwise or counter
	clockwise
	 Forward crossovers, 4–6 consecutive, both directions
	Beginning two-foot spin, 2–4 revolutions
	• Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:00 max.
	 Backward outside edge on a circle, clockwise or
	counterclockwise
	Backward crossovers, 4–6 consecutive, both directions
	Advanced two-foot spin, 4–6 revolutions
	Forward outside three-turn, R & L
Devie /	Hockey stop
Basic 6	1:00 max.
	Forward inside three-turn, R & L
	Bunny hop Forward spiral on a straight line. B or l
	Forward spiral on a straight line, R or L
	Beginning one-foot spin, 2-4 revolutions, optional free leg
	position



Basic Skills program: Snowplow Sam – Basic 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Programs are skated on full ice with their own selected music. (Refer to music section on page 2.) • Skaters may compete at the highest level they have passed or "skate up" to one level higher. • To be skated on full ice. • The skater may use elements from previous levels. • A 0.2 deduction will be taken for each element performed from a higher level. Level Time Skating rules / standards

Snowplow Sam 1-4 (Tots)	1:10 max.
	 March followed by a two-foot glide and dip
	 Forward two foot swizzles, 2–3 in a row
	 Forward snowplow stop
	Backward wiggles, 2–6 in a row
Basic 1	1:10 max.
	 Forward two-foot glide and dip
	 Forward two-foot swizzles, 6–8 in a row
	 Beginning snowplow stop one two feet or one foot
	Backward wiggles, 6–8 in a row
Basic 2	1:10 max.
	 Forward one-foot glide, either foot
	 Scooter pushes, R & L, 2–3 each foot
	Moving snowplow stop
	 Two-foot turn in place, forward to backward
	 Backward two-foot swizzles, 6–8 in a row
Basic 3	1:10 max.
	 Beginning forward stroking showing correct use of blade
	 Forward ¹/₂ swizzle pumps on a circle, either clockwise or
	counter clockwise, 4–6 consecutive
	 Forward slalom
	 Backward one-foot glide, either foot
	 Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.
	 Backward one-foot glides, R & L
	 Forward outside edge on a circle, clockwise or counter
	clockwise
	 Forward crossovers, 4–6 consecutive, both directions
	 Beginning two-foot spin, 2–4 revolutions
	 Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.
	Backward outside edge on a circle, clockwise or counter
	clockwise
	Backward crossovers, 4–6 consecutive, both directions
	Advanced two-foot spin, 4–6 revolutions
	Forward outside three-turn, R & L
	Hockey stop
Basic 6	1:10 max.
	Forward inside three-turn, R & L
	Bunny hop
	Forward spiral on a straight line, R or L
	Beginning one-foot spin, 2–4 revolutions, optional free leg
	position and entry
	• T-stop, R or L
	USFIGURE

